



FRESH FARMS

THE ORIGINAL FARM-TO-FAMILY TRUCK

Nutrition Facts

Serving Size 4 oz (112g)
 Servings Per Container 160

Amount / Serving

Calories 120 **Calories from Fat 20**

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 90mg **4%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 25g

Vitamin A 0% • Vitamin C 2%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

10182

Boneless Skinless
 Chicken Breastwith rib
 meat

INGREDIENTS

Boneless Skinless
 Chicken Breastwith rib
 meat